

**Stratford Minor Hockey Association** 

## **Duties of a Team Trainer**

(Last Revision Date: July 12, 2017) *include, but are not limited to* 

- 1. First and foremost, to do the utmost to ensure the safety and well-being of all players.
- 2. Be the first person on the ice if a player is injured and needs assistance.
- 3. Select a "Call Person" and "Signal" that indicates 911 needs to be called in an emergency.
- 4. Ensure you have a **Medical Information Sheet** for each player and that they are on hand at all games and practices for reference if needed. Please shred them at the end of the season.
- 5. Attend mandatory concussion training session hosted by SMHA.
- 6. When a player is injured, provide them with the documents that outline the Return to Play policies. Packages will be given to each Trainer at the start of each season and are available online should a Trainer run out. Trainers should always keep a hardcopy of <u>each</u> package on hand. Each package contains all the information and handouts needed when a player is injured. Simply pull the appropriate package: RTP Injuries or RTP Concussions

then,

- Separate the pages of the package (retain Trainer copies for yourself and give Player copies to the Player and/or Parents)
- Follow the steps provided.
- 7. Remember, NO PLAYER MAY RETURN TO THE ICE after leaving a game or practice with a suspected injury without the appropriate paperwork (refer to the **Return to Play** packages mentioned above).
- 8. When a player is injured, act as the liaison between parent(s) and coaching staff to accommodate the player's return to play (and any steps throughout the process) as instructed by their physician.

A Note about Dr. Trish Van Boekel: Players may make an appointment with Dr. Van Boekel without a referral; appointments are covered by OHIP. Dr. Van Boekel is a sports medicine doctor with concussion management experience. Her office is at the Stratford Rotary Complex.

A Note about Hockey Canada Insurance: Hockey Canada will cover up to \$500 per season for expenses (Physio, Chiropractor, Athletic Therapist, etc.), however, Hockey Canada is a secondary insurer; expenses must first be submitted to the player's primary insurer. If not covered by primary insurer, please attach (a) receipts, and (b) primary insurer claim rejection letter to the report in order to seek coverage from Hockey Canada.

When a player hands in their Hockey Canada Injury Report, please ensure the following have been properly filled out before submitting to the SMHA Secretary:

- "Health Insurance Information" on Page 1 (completed by parent)
- "Physician's Statement" and/or "Dentist's Statement" on Page 2 (completed by Physician and/or Dentist)
- Include primary health insurer claim rejection letter (if claim was rejected)
- Include receipts for expenses (if not covered by the player's primary health insurer or if player does not have a primary health insurer)